“ INFLUENCE OF SOCIO-ECONOMIC STATUS ON SOCIO-PSYCHOLOGICAL AND HEALTH RELATED PHYSICAL FITNESS ON SPORTSPERSONS AND COACHES OF KARANATAKA “

Research Proposal Submitted for the Approval of Registration for

DOCTOR OF PHILOSOPHY

IN

PHYSICAL EDUCATION

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THE RESEARCH PROPOSAL SUBMITTED TO

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Introduction:

Socio economic status means in sports that demographic(e.g age and gender)as well as economic factors (e.g income)are considered as determine of physical activity in this regard the socio economic perspective includes factors such as education profession employment ,income property and culture.

Education is modification of behavior of the individual in a socially desirable way coming through the contact of its environment for adequate adjustment in the society to personify the personality to influence the life style of a person on the basis of his/her socio-economical status.

Socio-economic status (SES) is an economic and sociological combined total measure of a person's work, experience and of an individual or family's economical and social position relative to others. Socioeconomic status is typically broken into three categories high SES, average SES and low SES. To describe the three areas, a family or an individual may fall into one of these categories. Any or all of the three variables (income, education and occupation) can be assessed. A fourth variable wealth may also be examined when determining socioeconomic status

Socioeconomic status and personality Daries and Dollar (1940) think that children from the lower class become used to physical aggression and are permitted to express violent anger. Upper and middle-class children, by contrast, are expected to inhibit these emotions

(Davis 1944; Ericson 1946; Davis and Havighurst, 1946; and Maas, 1951) observed that lower class parents are more permissive and give their children great physical

and social freedom than children from the middle class enjoy. They punish more severely when the child misbehaves, and they rarely praise. Middle class children are expected to assume responsibility early, to comfier to group patterns and are more closely supervised than those of lower class. Lower class children go to the movies, alone earlier, while those from the middle class are expected to think seriously about preparing themselves for the future.

Socio-economic Status: -

Socio-economic status is considered as one of the important variable in social science research. It has been and is being included quite often as a variable in psychology, sociology, education and other social science streams. The conduct socio-economic status is used in social sciences as well as laymen quite frequently yet there is no general consensus regarding its definition and measurement. Measures used in literature are those of convenience or availability. In general, SES is considered as an indicator of economic and social position (Stawarski and Boesel, 1988). Australian Bureau of statistics (1994) while assessing the SES of aborigines and indigenous people defined SES as the level of social and economic position of people in society and is reflected by various indicators.

Psychology

Psychology is an academic and applied discipline involved the scientific study of mental processes and behavior. Psychology also refers to the application of such knowledge to various spheres of human activity including relating to individual's daily lives and the treatment of mental illness.

Psychology differs from the other social science-anthropology, economics, political science and sociology –in that psychology seeks to explain the mental processes and behavior of individual. Whereas biology and neuroscience study the biological

KEY WORDS - SOCIO ECONOMIC STATUS -

SOCIO-PSYCHOLOGICAL

HEALTH RELATED PHYSICAL FITNESS

SPORTSPERSON

COACHES

SOCIO ECONOMIC STATUS SCALE

TOOL- SES BY DR.RAJEEVA LOCHAN, BHARADWAJ AND LOCUS OF CONTROL CONSTRUCTED BY ROMPAL [1989]

SAMPLE SIZE-

	MEN	**WOMEN**	**TOTAL**	**GAMES**
SPORTSPERSON	**60**	**60**	**120**	**10**
COACHES	**25**	**25**	**50**	

OBJECTIVES OF THE STUDY

1. To assess the influence of socio economic status of sportspersons and coaches.

2. To know the influence of SES on socio psychological variables sportsperson

3. To know the influence of SES on health related physical fitness components sportspersons.

4. To identify the influence of SES on varies sports coaches.

HYPOTHESIS

1. The high SES sportspersons will have good socio-psychological and health related fitness then the low SES sportspersons.

2. The high SES coaches will have better socio-psychological and health related fitness then the low SES coaches.

3. The high SES sportsperson will have higher level of confidence better emotional intelligence moderate aggressive behaviour then low SES sportsperson.

4. The high SES coaches will have

5. Sports coaches will have better socio –psychological and health related fitness than sportsperson.

Statement of the problem

" The influence of socio economic status on socio-psychological and health related physical fitness on sportspersons and coaches of Karnataka"

Methodology

This chapter, selection of subject, selection of variables, selection of tests and statistical techniques have been discussed

The selection of the study is to find of " The influence of socio economic status on socio-psychological and health related physical fitness on sportspersons and coaches of Karnataka" to achieve this purpose 120 sportspersons and 50 coaches will be taken.

Sample design

SLNO	SPORTSPERSONS	COACHES
1	60	60
2	25	25

Selection of variables

INDEPENTENT VARIABLES

-HIGH SES

-LOW SES

Slno			
High SES			
LOW SES			

SOCIAL VARIABLES

SLNO	**SOCIAL VARIABLES**	TOOLS	Criterion measures
1	SOCIAL INTELLEGENCE		POINTS
2	ALTRUISEM	Dr .S.N.Rai,dr sanwat singh	POINTS
3	SOCIAL BEHAVIOUR	Dr ashokkumar krigala,dr laurance kharlumi	POINTS

PSYCHOLOGICAL VARIABLES

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SLNO	**PSYCHOLOGICAL VARIABLES**	TOOLS	Criterion measures
1	SELF CONFENDENCE	M.Basavanna	POINTS
2	AGGRESSIVE BEHAVIOUR		POINTS
3	EMONTIONAL INTELLEGENCE		POINTS

HEALTH RELATED PHYSICAL FITNESS VARIABLES

SLNO	**HEALTH RELATED PHYSICAL FITNESS**	**TOOL**	**Criterion measures**
1	CARDIORESPIRATORY ENDURANCE		
2	MUSCULAR ENDURANCE		
3	FLEXIBILITY		